



# Uniting Seniors in the City

(Formerly Trinity School for Seniors)

2026

## Course Information

For Adults 60 Years and Older

**Term One** 2 February - 27 March

**Term Two** 20 April - 12 June

*Companionship through Learning*

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## UNITING CHURCH IN THE CITY UNITING SENIORS IN THE CITY STUDENT CHARTER

Uniting Seniors in the City is a mission outreach of the Uniting Church in the City (UCIC), committed to helping older adults to participate in lifelong learning and to foster and enhance friendship and companionship on this journey. Uniting Seniors in the City (USIC) functions as an inclusive community facility, to provide education and a mutual support network which meets the physical, emotional, social, intellectual, pastoral and spiritual needs of Seniors in the wider Perth community.

The Uniting Church in the City's vision states:

***“On the way with Jesus, to touch and transform the people of Perth, to journey with the wider church, and to engage with our neighbours in the world.”***

The objects of the Uniting Seniors in the City are to provide:

- ***Companionship:*** *by conducting activities for students which enhance friendships and the sharing of mutual interests;*
- ***Learning:*** *through structured learning programs for students which increase their skills and knowledge and their capacity to contribute meaningfully to community life;*
- ***Well-Being:*** *through the conduct of activities and structured learning programs for students which assist them to remain physically and mentally healthy.*

Uniting Seniors in the City School was started in 1979 at Trinity Church and celebrated its 45<sup>th</sup> anniversary in 2024. In 2026 TSFS transitioned to its new name of Uniting Seniors in the City (USIC) and currently provides around 80 courses for 400+ students, five days a week during a term, and over four terms per year.

### **PURPOSE**

The Student Charter reflects these inter-related visions and is an expression of values and intent. The purpose of the Student Charter is for students of USIC to understand what it means to be a student at USIC and includes the expectations students and staff at USIC have of each other and the Schools role and how it fits into the operation of the Uniting Church in the City (UCIC)

## **EXPECTATIONS**

Students can expect the right to:

- Be treated fairly and ethically, with respect, dignity and tolerance;
- Have access to information about USIC regulations, policies and procedures;
- To learn in a supportive and encouraging environment;
- Have their opinion represented through the Student Voice Committee on all matters affecting students;
- Have opportunities to contribute to the organisational, social and cultural life of USIC through the Student Voice body, together with opportunities to provide feedback for the improvement of USIC;
- Representation on the USIC Committee of Management through the due process for election to that body;
- A safe and healthy environment;
- To have any records concerning them dealt with in ways that are secure, with access restricted to designated persons of USIC;
- To be given a copy of this charter when first enrolled.

Students have the responsibility to:

- Recognise the rights of others, including the rights of other students covered by this Charter, as well as the rights of staff, tutors and visitors;
- Uphold the reputation of the USIC while engaged in USIC activities;
- Respect the UCIC/USIC property and the property of others;
- Not purport to speak or act on behalf of the USIC, unless explicitly authorised to do so.

USIC expects students to:

- Behave in a manner that demonstrates respect, dignity and tolerance towards staff of USIC, tutors and fellow students;
- Adhere to USIC rules, regulations, policies and procedures;
- Actively and positively participate in teaching and learning;
- Contribute to the organisational, social and cultural life of USIC;
- Regularly attend courses for which they have enrolled.

USIC reserves the right to review your enrolment status if you are found to be in breach of this charter and may cancel your enrolment.

# ENROLMENT PROCEDURE

Enrolments do not carry over from term 3 and 4 to term 1 and 2. This Course information Brochure includes the details for the Term One and Two program and is not an enrolment form. Enrolment Forms for Term One and Two will be available from 24<sup>th</sup> November 2025 when enrolments open. *No bookings will be accepted prior to this date.*

## HOW DO I ENROL FOR TERM THREE AND FOUR?

Completed Enrolment Forms can be submitted:

<b>Drop Box</b> 	Reception, Level 1 97 William Street PERTH	Place completed enrolment form (without payment attached) in Drop Box located at the Queens Reception.
<b>Online at:</b> 	<a href="https://www.perthunitingchurch.org.au/enrolments">https://www.perthunitingchurch.org.au/enrolments</a>	
<b>Email to:</b> 	<a href="mailto:Reception@tsfs.org.au">Reception@tsfs.org.au</a> Print the form, then scan or take a photo of the completed form. Email it as an attachment.	

*Please note: no payments will be accepted with your forms, fees will be settled after enrolment.*

Enrolments are processed in the following order:

1. Priority Enrolments (Life members, aged over 90 etc)
2. Existing students whose forms, either hardcopy or online, were received during the first week of enrolments
3. New students whose forms, either hardcopy or online, were received during the first week of enrolments
4. All remaining forms received after the first week of enrolments.

Enrolments open on 24th November 2025.

All enrolment forms received between 24th and 30th November will be grouped together and then processed in random order from 1st December, starting with **existing students only**. Submitting your form during this first week gives you the **best chance of securing your preferred classes**.

Next, **new student** enrolment forms received between 24th and 30th November will be processed after all existing student forms have been completed.

From **1 December onwards**, all forms (for both new and existing students) will be processed **in the order they are received**, once the first week's batch has been finalised. Please note that forms submitted after 30th November may have a lower chance of receiving first-choice classes.

Enrolments remain open throughout the term. Students are welcome to make changes to their selected courses at any time, subject to availability.

Please remember that we must receive a completed enrolment form in order to process your request. An email listing your preferred classes cannot be accepted, but an email with your completed form attached is perfectly fine. Online enrolment requests will be available from 24<sup>th</sup> November.

Enrolment details for Terms 3 and 4, 2026, will be released during Term 2, 2026.

# CLASS SCHEDULES

Below are the schedules for our Term 1 & 2 2026 classes, organised by building and then by day. Please use the descriptions in the following pages to find out more about each class, as you plan your enrolment.

## Classes in the Queens Building

MON	9:00 AM - 10:00 AM	German Beginners Plus
	9:00 AM - 10:30 AM	Conflict Resolution Series
	9:30 AM - 11:30 AM	Canasta Five Beginners & Club MON
	9:30 AM - 11:30 AM	Learn Bridge MON
	10:30 AM - 11:30 AM	Mandarin Beginners
	10:30 AM – 11:45 AM	French Beginners
	11:30 AM - 12:30 PM	Mandarin Continued
	11:30 AM – 12:30 PM	Italian Beginners
	11:45 AM - 1.15 PM	Tap 'n Jazz 'n More
	12:30 PM - 2:30 PM	Japanese
	12:45 PM - 1:45 PM	Italian Intermediate
	1:30 PM - 2:30 PM	Stretch and Strengthen
TUE	9:00 AM – 10:00 AM	Story is the Soul of Culture Part A: Essentials
	10:00 AM - 11:00 AM	Spanish Beginners Plus (Isabel)
	10:00 AM - 11:45 AM	German Discussion Group (Christa)
	10:00 AM - 11:30 AM	Origami – Paper Folding
	10:00 AM – 11:30 AM	Drama – Playing at Being Human
	11:00 AM - 12:00 PM	Spanish Intermediate (Isabel)
	12:00 PM - 1:15 PM	French Advanced (Christel) TUE
	12:30 PM - 2:30 PM	Mahjong Beginners Western TUE ( <i>Term 2 only</i> )
	12:30 PM - 2:30 PM	Mahjong Intermediate Western TUE
	1:00 PM – 2:30 PM	Biography: Life Charting
	1:00 PM – 2:30 PM	Tech Time
	1:15 PM - 2:30 PM	French Intermediate (Christel) TUE

## Classes in the Queens Building (contd.)

WED	9:00 AM - 10:30 AM	Mahjong Club Experienced Players WED
	9:30 AM – 10.30 AM	Ola! Let's Learn Spanish
	10:00 AM - 2.30 PM	Needlework Social Group WED
	10:00 AM - 12:00 PM	Eastern Mahjong Beginners ( <i>Term 2 only</i> )
	10:00 AM - 12:00 PM	Eastern Mahjong Club
	10:00 AM - 11:00 AM	Latin Beginners Plus
	10:30 AM - 12:00 PM	Western Mahjong Beginners WED ( <i>Term 1 only</i> )
	10:30 AM - 12:00 PM	Mahjong Continued Western WED
	11:00 AM - 12:00 PM	Book Club (Maxine)
	11:30 AM - 12:30 PM	Poetry Appreciation
	12:15 PM - 1:15 PM	Life Writing (Christine) WED
	12.30 PM – 3.00 PM	Canasta Five Beginners ( <i>Term 2 only</i> )
	12.30 PM – 3.00 PM	Canasta Five Club – Experienced Players WED
	11:45 AM – 1:15 PM	Life Matters
	1:45 PM – 2.45 PM	Book Club (Liz)
THURS	9:30 AM – 10:30 AM	French Beginners Plus
	9:30 AM - 11:00 AM	Story is the Soul of Culture Part B: Creating Stories
	10:00 AM - 2:30 PM	Needlework Social Group THU
	11:00 AM - 12:00 PM	Meditation
	11:30 AM - 2:00 PM	Learn Bridge THU
	12:30 PM - 2:30 PM	Creative Writing
FRI	9.00AM – 10.00 AM	Tai Chi (Rita)
	10:00 AM - 11:00 AM	Ukulele Beginners
	11:00 AM – 12:00 PM	Sing Along
	12.30 PM - 2.00 PM	Singing/Ukulele Jam Group

## Classes in the Trinity Building

MON	9:30 AM – 12:00 AM	Next Step Drawing (Christine) MON
	12:30 PM - 3:00 PM	Soft Pastels & Drawing (Sue) MON
	12:30 PM - 3:00 PM	Watercolour: Travel & Urban Sketching (Richard) MON
TUE	9:00 AM - 11:30 AM	Art AM (Caren)
	9:00 AM - 11:30 AM	Painting & the Method (Lyn)
	12:30 PM - 3:00 PM	Art PM (Caren)
	12:30 PM - 3:00 PM	Mixed Media & Printmaking (Lyn) TUE
WED	1:00 PM – 2:00 PM	Dance Fitness Fusion Beginners
	9:00 AM - 11:30 AM	Painting AM (Paul)
	9:00 AM - 11:30 AM	Portraiture "Old Masters Style" (Megan)
	9:30 AM - 12:00 PM	Watercolour, Pen & Wash (Ronald) WED
	10:00 AM – 11:00 AM	Line Dancing
THURS	12:30 PM - 3:00 PM	Painting PM (Paul)
	12:30 PM – 3:00 PM	Drawing: Beginners to Advanced (Rod)
	9:00 AM - 11:30 AM	Art (Caren) THU
	9.00 AM – 11.30 AM	Australian Botanical Painting & Drawing (Tanya)
	10:30 AM – 11:30 AM	Tai Chi (Maxine)
FRI	12.30 PM – 3.00 PM	The Joy of Paper (Janice)
	12.30 PM - 3:00 PM	Porcelain Art Club
	12:30 PM - 3:00 PM	Watercolour (Rod)
	1:00 PM – 2:30 PM	Yoga
	9:00 AM - 11:30 AM	Oil & Acrylic AM (Paul)
	9:30 AM – 12:00 PM	Next Step Drawing (Christine) FRI

# ART & CRAFT

***Material lists for art classes will be emailed to you or can be collected from Reception.***

## Art

### **Art**

*Caren Williams (TUES & THURS)*

Oil – Acrylic – Drawing – Watercolour

These classes cover the techniques required to create a picture using any of the above media. You may work on your own project with the assistance of an experienced tutor. *Materials list available.*

## Drawing

Drawing is an indispensable tool for many other fields of creative pursuit. Learning to draw properly will give you a much better chance of achieving the artistic and creative goals you may have, giving you the ability to see and express more efficiently.

### **Drawing Beginners (Term 2 only)**

*Christine Morton (FRI)*

Welcome to the most portable of all the art mediums. All you need is something to draw with and something to draw on.

We cover a variety of skills and techniques, styles and media, turning basic drawings into imaginative purposeful artworks.

All drawers are welcome from those who haven't drawn since primary school to those who have kept at it. *Materials list available.*

### **Drawing Beginners to Advanced**

*Rod Sinclair*

This drawing class encompasses use of graphite pencils, charcoal, coloured pencils and markers on white and toned paper. This basis consists of training the eye to see and the hand to use the pencil to replicate in line and tonal values, drawing the subject. All skill levels welcome. *Materials list available.*

## **Next Step Drawing**

*Christine Morton (MON & FRI)*

Please note that the Tutor will be away during week 2 and 3 of term and this class will run without a Tutor for those 2 weeks.

Next Step drawing classes are primarily for those students returning to my classes. In these classes students have demonstrated their confidence in making basic contour drawings.

I propose projects for the students to use their drawing skills to compose imaginative and purposeful artworks.

Beginners are welcome to join as there is no pressure to follow the project suggestions and as your tutor, I am happy to guide all students on their creative drawing journey. *Materials list available.*

## **Mixed Media and Printmaking**

*Lyn Williamson*

A course to challenge a use of all art materials and to have an introduction to some beginner forms of printmaking.

This course will be suitable for beginners and experienced art makers. You will learn about and use various art materials and substrates to produce original works both as one off pieces or through the process of printmaking, multiple works. Along the way you will learn how to use materials, about the theory of colour and composition, how a print can be made and an introduction to elementary book binding. Some of the participants may like to produce an artist's book with an added extra of learning how to make small paper art pieces and books for gifting. *Materials list available.*

## **Needlework Social Group**

*Faye Etherington*

Join a group who share and help each other with hand-sewing, patchwork, cross-stitch, knitting, crochet, or any other needlework. Bring your own project along and your equipment. If you would like to learn to knit, bring 8ply wool and 4mm/No. 8 knitting needles. If you would like to learn to crochet, bring 8ply wool and a 4mm hook.

Note: This class is scheduled from 10am – 2.30pm on Wednesdays and Thursdays during term time. If you enrol for this class, you are welcome to stay for the whole day or come along for any length of time during the class that suits you. This is the only class where this option is available, allowing students to join in around their other classes if they wish.

## **Oil & Acrylic**

*Paul Innes*

### **Oil – Acrylic – Drawing**

This course can offer you comprehensive art tuition at all levels of skill in most mainstream art medias such as: drawing, oil painting and acrylic painting. Covering basic fundamental, intermediate and advanced topics. *Materials list available.*

## **Origami – Paper Folding**

*George Ho*

Origami is the art of paper folding. Learn the techniques to transform a piece of paper into an interesting object, for example a flower, bird or fish. Origami improves hand-eye coordination and fine motor skills. Beginners welcome. *All materials will be provided.*

## **Painting**

### **Australian Botanical Painting and Drawing**

*Tanya Cain-Abbs*

Join a relaxed class of painting, conversation and connection. Through observational sketches of flora and still life, we will capture immediacy and freshness in drawing, painting and colour mixing using either Watercolour, Acrylic or Gouache. Bring your own botanical inspiration from the garden, photos or work from the tutor's collection. No experience necessary. *Materials list available.*

### **Painting and the Method (Lyn) MON**

*Lyn Williamson*

In this class you will paint in oils, acrylic or watercolour. You will learn the way to not only enjoy the process, but to acquire the knowledge to be confident enough to take your painting to another level.

In each term you will learn about colour theory, composition, materials and how to use what you have. Along the way you will be introduced to how professional artists approach materials and how to use the best materials you can afford. Plus, some insider artist's knowledge. *Materials list available.*

## **Painting**

*Paul Innes (WED AM & PM)*

Students develop their own painting projects with the help of the tutor as required to solve any technical, conceptual or compositional problems. Students will receive both individual and collective tuition. The course aims to give the students the confidence and skills to tackle any painting they are thinking of instead of being limited by an “I can’t do that” attitude. *Materials list available.*

## **Portraiture “Old Masters Style”**

*Megan Byrne*

This technique-based class will start with Vermeer’s “Girl with a Pearl Earring”, then move onto original works from photos. Using these techniques, you will be able to paint any realistic portrait you like.

If you’ve ever wanted to paint a portrait in oils, this is the class for you. You might be surprised to know that the oil painting techniques of the Old Masters (like Vermeer and Rembrandt) can be learned. You do not have to have any prior experience of painting in oils and absolute beginners are welcome.

Using Vermeer’s “Girl with a Pearl Earring” you will learn how the Old Masters use form, colour, tone and value in painting people. No drawing skill is needed.

In this structured class you will learn

- Canvas preparation
- Brush selection
- Colour mixing
- Palettes
- Transferring your image
- Building from an underpainting to a finished work

Come along, have some fun, talk some art and paint in oils. *Materials list available*

## **Porcelain Art Club**

*No Tutor*

Using porcelain as your canvas, you can decorate useful items which are fired for permanency. It is one of the oldest and most durable of arts. It was first developed and perfected in China. Many decades passed before the Europeans discovered the secrets of it. There are very few proponents still with the knowledge of this art. As there is no tuition in this class it is only suitable for those with prior knowledge. Please refer

to course materials list from the Office and come prepared. *Materials list available.*

### **Soft Pastels and Drawing MON**

*Sue McGowan*

This course is suited to the student who would like to try pastels. Learn or improve on all subjects - flora/fauna, figure drawing, landscapes and modern art/drawing and sketching as you go. It is a delightful art form which allows you to quickly produce a picture without waiting for paint to dry. All skill levels welcome in these classes – from beginners to advanced. This class is also open for students who wish to focus on drawing in pen and pencil. *Materials list available*

### **The Joy of Paper**

*Janice Oliver*

Everyone uses paper. Sometimes we feel we are drowning in it!

In this class we will use paper as our medium to create.

Come and explore how to make paper from your scrap paper, create altered books, make new books, art journals or photo cards. Or explore how to sculpt with paper perhaps?

The class will unfold over the course of the term according to participants interests. We will focus on one topic over several weeks. Minimal equipment will be required except your stash of paper and things from your kitchen drawer like scissors, metal ruler, lead pencil, craft knife, glue and a few art and craft supplies from your home stash!

Bring a sense of fun and good vibes along and let's create together!  
*Materials list available.*

### **Watercolour**

#### **Watercolour**

*Rodney Sinclair*

This class in Watercolour Painting will teach you the traditional basics, such as different Watercolour Wash Applications, various Brush Techniques, Tonal Values, Colour Theory etc, plus an introduction into the relevant art materials and various papers that can be used in Watercolour Painting, all dealing mainly with the subjects of Landscape and Still Life painting.

The class welcomes absolute beginners and people with some previous experience possibly needing a refresher in certain areas. *Materials list available.*

## **Watercolour, Pen and Wash**

*Ron Wickenden*

A loose approach to drawing and painting. Take on a variety of both simple and complex subjects using free use of pencil, inks and watercolour. *Materials list available.*

## **Watercolour: Travel and Urban Sketching**

*Richard Meagher*

A loose approach to drawing and painting with pencils, ink and watercolour. You will take on a variety of subjects from travel photos and urban scenes to produce sketches which will tell a story. *Materials list available.*

## **Whittling and Carving**

*Garry Iles*

Come along and try your hand at the addictive and tactile art of Whittling. We are a friendly group of enthusiasts who would love to meet you and show you how, with a few simple techniques, you could carve all sorts of critters, patterns or people.

We'll take you through basic knife skills, safety aspects, tool maintenance, wood selection and much more. If you have tools bring them along, otherwise for beginners, we have some tools for you to try your hand. In no time, you'll be hooked!

## **FITNESS**

### **Dance**

#### **Dance Fitness Fusion Beginners**

*Anibeth Desierto*

Each session will start with a short warm-up of stretches and breathing exercises based on ballet & yoga to make it easier to move across the floor and maintain balance. The next stage will be a combination of dance moves based on Latin dances (such as salsa and cha-cha-cha), swing, jive, ballroom and cultural dances (Hispanic and Eastern dances) as the sessions progress. Comfortable clothing and footwear (with no heels) are recommended. Joy and fitness are important and that's what we aim for in these classes which are based on the dance instructor's work at WAAPA and dance shows for 20 years. Keep fit, dance and enjoy!

## **Line Dancing**

*Sue Brett*

Come join us for a fun filled class of line dancing. Learn repeated sequencing of steps to fabulous music, good for everyday fitness. Suitable smooth soled footwear is advisable. Previous Line Dancing experience is helpful. Add an extra dose of joy and positivity to your day with a dance class.

## **Tap 'n Jazz 'n More!**

*Jan Hooker*

Welcome to the world of dance. Basic tap dance steps and jazz ballet are a major feature of this class. Other dance styles are introduced as part of the 'n More component.

Exploring coordination, movement and rhythms to a range of musical styles resulting in routines are all done with an essential ingredient, FUN!!

Tranby Hall with its wonderful timber floor, provides this class the opportunity to a special experience. No steel taps are permitted, so smooth soled footwear is recommended.

Some previous dance experience helpful.

## **Stretch and Strengthen**

*Katherine Cheng*

This class will cover very basic anatomy, just enough to help students to get bodies comfortable and ready for activity, exercise, and movement. Using items easily found at home to build strength will also be covered.

## **Tai Chi**

### **Tai Chi (Maxine)**

*Maxine Wood*

Students will focus on breathing exercises along with controlled and mindful movements which over time develop strength and balance. Both Qi Gong exercises and Tai Chi routines are included. These are suited to all ages and fitness levels. Please wear activity appropriate clothing and footwear.

## **Tai Chi (Rita)**

*Rita Choy*

Yang style Tai Chi is known for its graceful and slow movements. It is suitable for people of all ages and fitness levels. These classes focus on improving coordination and flexibility, as well as muscle strength and balance, through breathing and movements. Tai Chi can improve both mental and physical health over time if practice regularly. At the beginning of each class, students will also be introduced to Tai Chi breathing exercises. It is essential to wear clothes and footwear that do not restrict movements.

## **Yoga**

*Gailene Wester*

Improve your flexibility, strength and overall wellbeing with yoga. Learn how to connect your mind, body and spirit for a rejuvenating and relaxing experience. This class combines breathing exercises, a variety of different yoga poses and closes with mindful relaxation. This class requires you to be able to get up off the floor unaided. Please wear comfortable clothing and bring your own mat, belt or tie and a cover/blanket to keep warm during the relaxation part of the class. Suitable for beginner to intermediate level.

## **GENERAL**

### **Conflict Resolution Series**

*Rita Choy*

Conflict and differences are a part of life. Dealing with conflict can be confronting, stressful and disruptive to people and those around them. Through interactive workshops, students can share their individual experience, challenges, discuss and explore practical strategies to resolve differences in a safe environment.

This course offers an understanding of what conflict is and how it arises. Each term focuses on specific skills that are essential to resolving conflict constructively, resulting in sustainable outcomes. The aim is helping you to build a toolbox with which you have the confidence to deal with different situations and issues.

Not all conflict can be resolved due to various reasons and circumstances. Getting closure is an important part of moving forward and being comfortable with the discomfort. There are different strategies and techniques that can assist and support this journey. Term 3 and 4

will be focusing on exploring these strategies to find those ones that can help people to progress along the journey.

### **Life Matters**

*Liz Grey*

Life Matters is a friendly group that helps you discuss all the big stuff that touches our lives: relationships, family, health, education, education, money, work, technology and digitisation as well as consumer and social issues.

The content is a mixture of information and personal responses. A preparation guide is emailed a week in advance containing a description of the topic and some suggested areas to research. The discussion format is open-ended, giving all students an opportunity to participate and express their views. Life Matters sessions offer a unique opportunity to explore some of the above topics in a focused, easy-going manner with like-minded people, where all students can participate and get involved... divulging the immense knowledge and experience they have and stimulating the grey matter in the brain.

### **Meditation**

*Rhonda Phillips*

Meditation is a state of deep relaxation of the body and mind which produces a different level of consciousness than either sleep or wakefulness. It has numerous benefits physically, mentally and emotionally. Meditation enhances well-being, reduces stress and puts day-to-day life into perspective. This class is seated and therefore suitable for all levels.

### **Tech Time**

*Various Tutors*

Do you want to learn how to thrive in a digital world? Then come along to this class on using Apple iPhones and iPads. We will start with the basics and cover topics such as how to efficiently use the settings and accessibility features on your phone or iPad, connecting your phone to your hearing aids, organising your device for ease of use and time and money saving tips. We will also explore the latest scams each week. Please note that this term will cover Apple iPhones and Apple iPads and you will need to bring your own device. We do hope to tackle Android devices in the future. Support will be provided in the class by our TSFS digital mentors - seniors supporting seniors.

# LANGUAGES

*It is advisable to commence beginner level language courses at the start of the year. Language courses are intended to be continued throughout the year, subject to availability.*

## French

### **French Beginners**

*Dallas Magann (MON)*

This is an introductory course for beginners with limited French language experience. Through simple stories and short dialogues students will be introduced to basic grammar and pronunciation whilst gaining confidence to delve further into the language. The aim is to discover the joy of learning a foreign language whilst having fun.

### **French Beginners Plus**

*Aline Arisoambolanoro (THURS)*

French Beginners Plus at USIC is for students with a limited knowledge of French. This course focus on building a solid foundation in French language, enabling students to communicate in French, handle basic interactions and understand simple texts. Students improve their skills in reading and pronunciation of new words in a relaxing atmosphere. Ideal for people who have 1-2 years of French language learning already.

### **French Intermediate**

*Christel Bouton (TUE)*

This class is consolidation for those with some understanding of the French language. This class embraces verb conjugation, introduces simple texts and stimulates basic conversation.

### **French Advanced**

*Christel Bouton (TUE)*

This course is designed for those with a deeper understanding of verb conjugation and a facility to communicate readily and converse with greater ease. Ideally this class is to be conducted entirely in French.

## **German**

### **German Beginners Plus**

*Julia Bush*

Build a solid foundation in German while honing your grammar, reading, and language comprehension skills. This class is perfect for those who want to strengthen their grasp of German with a variety of exercises and practices. The class is suitable for beginners with some prior exposure to German. Not suitable for complete beginners.

### **German Discussion Group**

*Christa Kaltenbrunn-Long*

Interessante Diskutier- und Unterhaltungs Stunden mit Christa. A good level of German is required to participate in this discussion group.

## **Italian**

### **Italian Beginners**

*Denisse Scasserra*

Have you always wanted to learn the beautiful Italian language but never got around to doing so? Well, this is the course for you, Italian Beginners! You will learn useful phrases and essential Italian vocabulary so you can start conversing. This course includes listening, reading, speaking and writing tasks.

### **Italian Intermediate**

*Denisse Scasserra*

This course is for students wanting to continue learning the Italian language and understanding its rich traditions and culture. As it is an intermediate course new students will need to have had some Italian language learning in the past. The emphasis in the lessons are on listening, speaking, reading and writing in Italian on themes related to everyday life. New students will preferably have done Italian Beginners at USIC or had at least a year of Italian language learning. Not suitable for beginners.

## **Japanese**

*Yoshinori Ohtsuka*

The first half of this class will concentrate on an introduction to basic Japanese expressions necessary for: greetings, dining out, shopping, visiting Japan, plus cultural do's and don'ts.

In the second half of the class we will move on to short dialogues and conversations based on Japanese ways of conducting tasks in different situations and occasions.

### **Latin Beginners Plus**

*Ross Angel*

This course will offer practice and drills in basic Latin grammar through class exercises, supplemented by readings in simple prose. This will lead to guided readings in recognised Latin texts. As it is a **Beginners Plus** course new students will need to have had some Latin learning in the past.

### **Mandarin**

#### **Mandarin Beginners**

*Katherine Cheng*

A course to introduce Mandarin to speakers of English. Greetings, numbers, phrases for travelling and dining will be covered.

#### **Mandarin Continued**

*Katherine Cheng*

Students and learners with some previous study of Mandarin will continue to build vocabulary and learn useful phrases or words to add to their communication database.

### **Spanish**

#### **Ola! Let's Learn Spanish**

*Irene O'Neill*

This is a beginners course for those who wish to learn basic Spanish in a relaxing, supportive environment. We will begin with common words, phrases and greetings, while working on pronunciation. We will focus on conversational Spanish and practical communication. Come along and have some fun.

#### **Spanish Beginners Plus**

*Isabel Lopez*

A consolidation class for those with 1-2 years of Spanish language experience. Discover and learn Spanish culture, etiquette, geography and vocabulary through reading, writing, listening and speaking.

## **Spanish Intermediate**

*Isabel Lopez*

An intermediate class for those with 2+ years of Spanish language experience. Discover and learn Spanish culture, etiquette, geography and vocabulary through reading, writing, listening, and speaking.

# **LITERATURE**

### **Book Club**

*Maxine Kaempf & Elizabeth Grey*

Read the world through the eyes of writers who love language. Enhances the reader's understanding of what it means to be human. Students help select the books read in this class. *Some library books supplied, or source your own book from your local library or bookstore.*

### **Biography Work**

**Life Charting (Term 1 only)**

*Dale Irving*

Your life as a panorama. Life Charting provides a structure and time to explore your life and consider its patterns and rhythms.

Using artistic activities, creative writing and helping conversation we work together, sharing stories of our complex and wonderful lives.

### **What a piece of work is wo/man! (Term 2 only)**

The quote from *Hamlet* relates to both the magnificent and also the negative aspects of being human. Shakespeare explored the gamut of human types and experiences. By using excerpts from Shakespeare's plays we will look at our various life phases. After all, "*All the world's a stage and all the men and women merely players*".

Listen, converse and write with humour, humility and gratitude.

### **Poetry Appreciation**

*Louise Hodge*

Explore the passion and beauty in life through the lens of poetry. A class designed for both the beginner and the experienced lover of poetry, this class will transport you through time and literature to discover and discuss the magnificent hidden world this powerful form of expression can reveal.

## **Writing**

### **Creative Writing**

*Ian Nichols*

A class for those who wish to find ways to express themselves, their stories and the stories of others in writing. It covers the basics of expression and will give help to achieve your writing goal.

### **Life Writing**

*Christine Stewart*

This class offers an opportunity to explore the stories that have shaped your life — from childhood memories and family traditions to travel experiences, and personal reflections.

Each week, we will share our stories in a supportive environment, learning how to capture memories in detail and express personally. Through our discussions, you'll discover new ways to create your life journey and find meaning in the moments that matter most. Whether you are writing for yourself, your family, or to leave a legacy for future generations, this class will encourage you to celebrate YOU. We look forward to sharing this creative journey with you.

### **Story is the Soul of Culture**

*Jim Pollock*

You are invited to undertake a journey into story – to uncover the stories in you that tell of your life and its meaning. They can be a scene, a chapter or a book; they can be truth (memoir) or fiction but you must create them. Stories can be powerful or fall flat. There are guidelines for structuring stories so they work. That is what this course is about. It comes in two parts.

**Part A: Essentials** – the principles of great storytelling are the stuff of this introductory writing course. You will discover the nature of story structure, narrative voice, and how characters change. The focus is on how to write scenes, use dialogue and connect them together so they create meaning – your meaning. We ask everyone to take this course before Part B, regardless of your writing ability or experience. It is not about literacy, but story craft.

**Part B: Creating stories** – Having discovered the tools of effective writing, you will be more equipped now to tell the stories that have meaning for you. This can be in whatever genre you want: memoir,

historical fiction, crime, or ghost stories. Although theory is revisited and refreshed, much of the time will be spent workshopping your own story and those of others.

## THE ARTS

### Drama – Playing at Being Human

*Dr. Dale Irving*

Voice work, movement, improvisation and working with texts, from Shakespeare to Bovell, will be part of this course. It is about allowing voice, body and your whole self to interact creatively with others and to have fun. Drama is a way to explore the psychology of being human through character work and expanding your voice, movement and imagination. Come along and enjoy the freedom of playing at being human. We might even work to a small performance if the group is keen.

### Singing/ Ukulele Jam Group

*Joe Wisniewski*

Bring Your Voice and/or Ukulele/Guitar/Banjo etc.

This is your group to just sing or sing and play. A session of singing and music with plenty of variety. Song sheets will be provided. Group input and ideas for songs will be welcomed. Group members will be welcome to lead on their favourite songs. We will pretty much give anything a go and all abilities are welcome. It is about having musical fun together. Just sing, sing, and strum, or just play your ukulele, guitar etc. We have a cajon (Drum) player to add to the band, and some backing music. Don't miss out on this exciting opportunity to be part of something big at Trinity. (Tell your friends).

### Sing Along

*Karen Dick*

Come and join our friendly group of singers. We sing songs from different eras and a variety of styles. We have some backing music (ukelele playing and karaoke tracks) All levels of singing ability are welcome. You are also welcome to bring copies of your favourite song for the group to sing.

## **Ukulele Beginners**

*Joe Wisniewski*

This is a good time to start learning to play one of the world's most popular instruments because, most people who have one, can get a tune out of it. You may have one lying around the house or know someone who might lend you theirs. For those who do not have a uke come to the first class to find out what to look for. Come along with or without a uke and find out your hidden talent. The class will start with a step-by-step introduction to the ukulele, how to tune the ukulele and then you will learn chords. Some chords only use one or two fingers. Then we pick a song and play together, learning more as we go. If you can sing, bonus!

## **RECREATIONAL**

### **Learn Bridge**

*Sandra Sutton-Mattocks (MON & THU)*

Absolute Beginners and Progressors all accommodated at each session. Bidding (Standard American), Play and Defence. Qualified Australian Bridge Federation teacher at both sessions.

### **Canasta Five**

#### **Canasta Five Beginners**

*Barry Etherington (MON) / Penny Seale Hellens (WEDS Term 2 only)*

Canasta Five is a very popular, sociable, and enjoyable card game that will keep your mind active whilst enjoying the company of others. Beginners are very warmly welcomed. If you have not tried it before – why not try it now!

#### **Canasta Five Club MON & WED – Experienced Players**

*Barry Etherington (MON)/Penny Searle Hellens (WEDS)*

The Club is on Mondays and Wednesdays. This class is designed for experienced players who do not require tuition. It is a very social game which gives you the opportunity to meet with other experienced players in a friendly setting. Whenever possible, partner Canasta is played (dependent upon the total number of persons attending at any one time) though this cannot be guaranteed.

## **Eastern Mahjong**

### **Eastern Mahjong Beginners**

*Doug Hellens (Term 2 only)*

Chinese Mahjong is a game of skill, strategy, calculation and to a certain degree, luck! Learn how to play this intriguing brain game, which not only is fun to play but also stimulates the brain and enhances memory and attention. Chinese Mahjong based on the Cantonese version will be played. Malaysian/Singaporean style gameplay, rules and scoring system are used. Suitable for beginners who would ideally complete one term of beginners then move into the club in term 3 to continue playing.

### **Eastern Mahjong Club**

*Doug Hellens*

Chinese Mahjong is a game of skill, strategy, calculation and to a certain degree, luck! Learn how to play this intriguing brain game, which not only is fun to play but also stimulates the brain and enhances memory and attention. Chinese Mahjong based on the Cantonese version will be played. Malaysian/Singaporean style gameplay, rules and scoring system are used. Experienced players welcome. Not suitable for beginners.

## **Mahjong (Western Version)**

### **Western Mahjong Beginners WEDS**

*Sue Tomasz (WEDS Term 1 only)*

Learn how to play Western Mahjong in a relaxed Beginners' class. This intriguing game will stimulate your brain, improve your memory and offer an opportunity to meet new people in a friendly and supportive setting. If you haven't tried playing Western Mahjong before, now is your chance to do so! Players can continue to further enhance their new skills if they re-enrol in Continuing Western Mahjong in Term Two. All equipment is provided. As this is a progressive class no new enrolments will be accepted into this class after week 2 of term.

### **Western Mahjong Continued WED**

*Sue Tomasz*

This class is for players with Mahjong skills above Beginner level. Improve or refine your skills in this ancient Chinese game. Enjoy the opportunity to catch up with other players or meet new people in a relaxed, friendly and supportive environment. All equipment is provided.

## **Mahjong Beginners (Western Version)**

*Penny Searle Hellens TUE (Term 2 only)*

Learn how to play Western Mahjong in a relaxed beginner's class. This intriguing game will stimulate your brain, improve your memory and offer an opportunity to meet new people in a friendly and supportive setting. If you have not tried playing Western Mahjong before, now is the time to do so! Players can continue to further practise their new skills if they enrol in Mahjong Continued or Intermediate in term 3. All equipment provided. As this is a progressive class no new enrolments will be accepted into this class after week 2 of term.

## **Mahjong Intermediate TUE (Western Version)**

*Penny Searle Hellens*

This class is for all players with Mahjong skills above beginner level. Improve or just enjoy applying your skills in this ancient Chinese game and enjoy the opportunity of catching up with other players or indeed, meeting new people in a relaxed, friendly setting.

## **Mahjong Club - Advanced Players (Western Version)**

*Glennis Green*

This class is designed for advanced players as there is no tuition. Regular attendees of this class are very experienced and fairly fast players. If you are an experienced player or an intermediate player who would like to improve on speed, then this is the class for you. It is also an opportunity to meet other experienced players in a friendly setting.

# ENROLMENT POLICIES

## **Membership Fee      \$105 per term**

Membership Fee allows enrolment in three (3) courses per term. To enrol in more than three (3) courses, a surcharge of \$20 per course will apply.

Enrolment is limited to 2 art classes per student each term.

Participants must be 60 years or older. (You may enrol the term you turn 60)

## **PAYMENTS**

Fees are payable by cash, cheque or EFTPOS.

If paying by cheque, please make it payable to: **Uniting Church in the City**. We cannot accept cheques made out to USIC.

## **REFUND POLICY**

Withdrawals **prior** to the commencement of term will be refunded the fee, minus a \$5.00 administrative fee for processing the reimbursement.

**No refunds or credit will be given once term has commenced.**

## **ABSENTEE POLICY**

If a student is absent from a class for 2 consecutive weeks or more without explanation, their place in the class may be offered to the next student on the waiting list.

To prevent losing your place in a class, please notify Reception regarding absences/extended holiday arrangements in advance. Any late notice absences can be communicated to Reception by telephone or email. If you have not been attending classes for genuine extenuating circumstances, upon return to USIC, Admin staff will do their best to accommodate you back in your usual classes if a place is available.

## **COVID-19 VACCINATION POLICY**

UCIC recommends all attendees remain up to date with their covid vaccinations.

## **WAITING LISTS**

Due to high demand for some courses, once a course is fully booked students will be placed on a waiting list. As soon as a vacancy arises, USIC admin staff will contact students on the waiting list to offer a place in the class.

## **RIGHTS IN RELATION TO GRIEVANCES**

Every student has the right to:

- Be able to register a complaint or grievance against any learning procedure, administrative procedure, perceived discrimination or harassment or the abolition or suspension of any right set out in the Student Charter.
- A clearly documented process for dealing with a grievance which is confidential, non-discriminatory, unbiased and accountable; offers the opportunity to be accompanied to meetings by a person of their choice; and leads to a resolution within a reasonable timeframe; and,
- To receive reasons for resulting decisions, and to experience no repercussions as a result of participation in the process.

Further details on the UCIC Policies and Procedures for Grievance for USIC are available from USIC Reception.

# CLASSROOM LOCATIONS

USIC classes are held in two locations. The buildings are approximately 5-10 minute walk apart through the city so please consider travel time between classes when choosing your timetable. The building location for each class can be identified on your timetable - see the coding next to room description on your timetable.

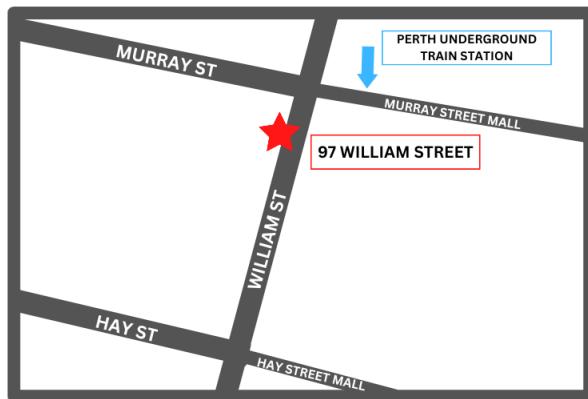
**Q = Queens Building**

**T = Trinity Building**

## **Queens Building – 97 William Street, Perth**

**USIC Reception is located on Level 1.**

Classrooms are located on Level 1 and 2.



## **Trinity Building – 72 St Georges Terrace, Perth**

All classrooms are located on the Ground Floor, Trinity Arcade.



## **DECLARATION**

**By submitting an enrolment form, you agree to abide by the following declaration:**

- I declare that the information I have provided is correct.
- I understand that my personal information will be handled in accordance with the Privacy Act legislation.
- I support Uniting Seniors in the City' Code of Conduct and commit to supporting USIC in maintaining a safe place for all, treating all students and staff with respect and caring for the well-being of the community.
- I have read and agree to abide by the USIC Student Charter and Student Handbook. These documents can be viewed at [www.perthunitingchurch.org.au/USIC-student-charter](http://www.perthunitingchurch.org.au/USIC-student-charter), or collected from USIC Reception
- I have read the refund policy on the back of the enrolment form and understand that fees are still payable if I withdraw or do not attend once term has started

Scan this QR code to save our contact details to your phone:



### **Uniting Seniors in the City**

*Companionship through Learning*

Level 1, 97 William Street, Perth WA 6000  
PO Box X2222, Perth WA 6847  
(08) 9483 1333 | [Reception@tsfs.org.au](mailto:Reception@tsfs.org.au)  
[www.perthunitingchurch.org.au](http://www.perthunitingchurch.org.au)

Office Hours:  
Term time - Monday to Friday 9am – 3pm  
Holiday time - Monday to Friday 9am – 12pm



*Front Cover Artwork: Gum Blossoms, by Dianne Orman*